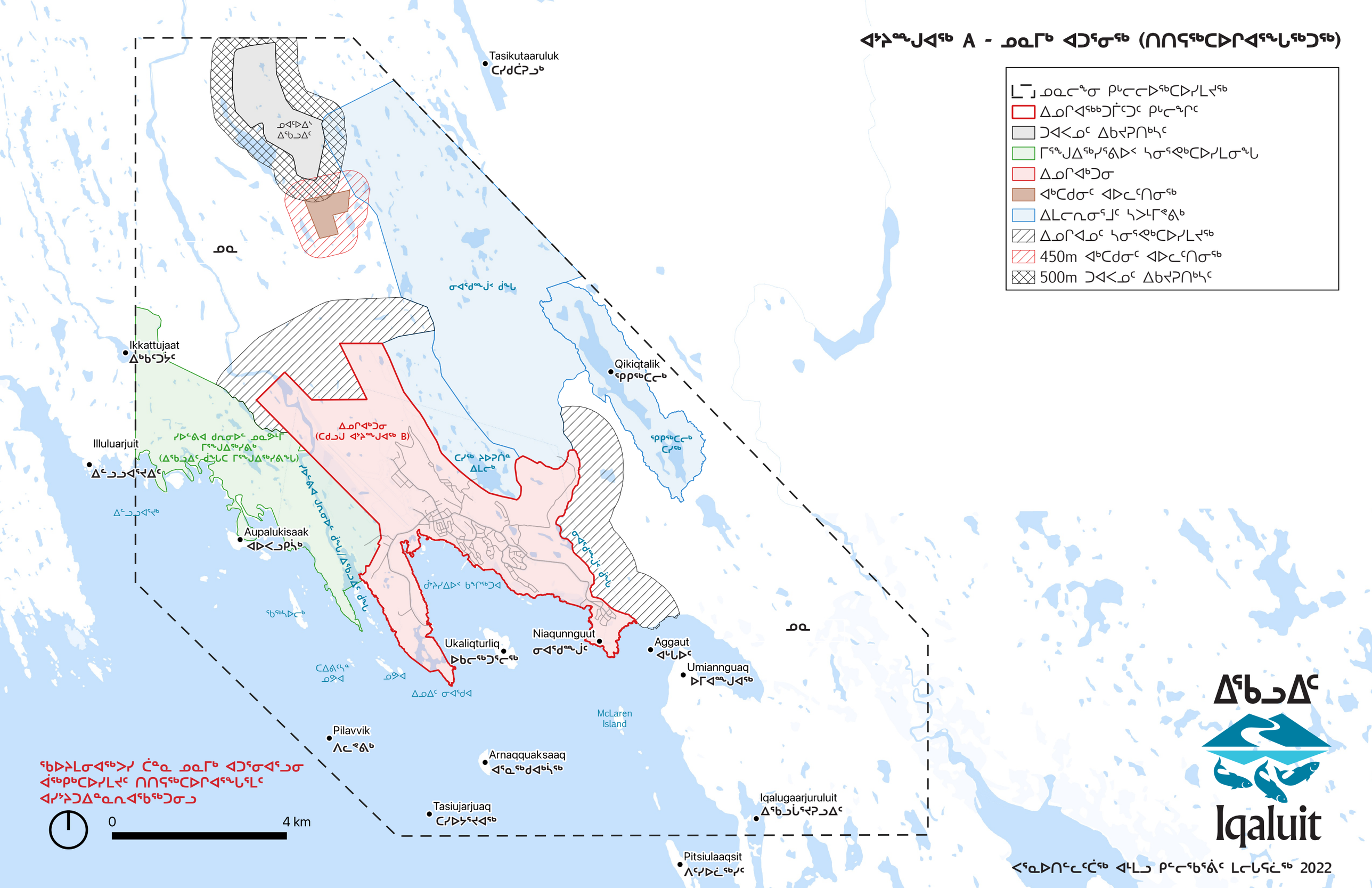
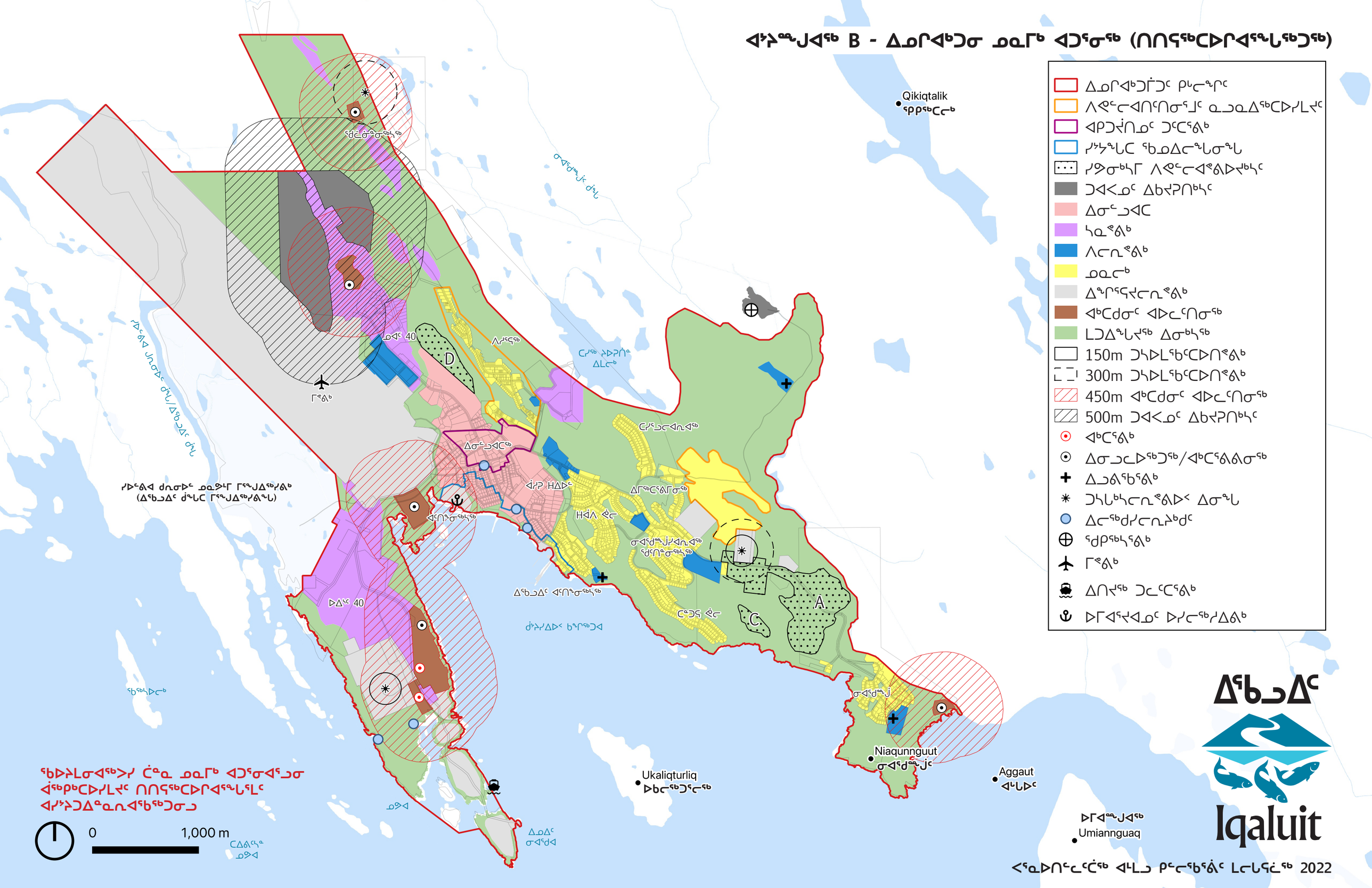
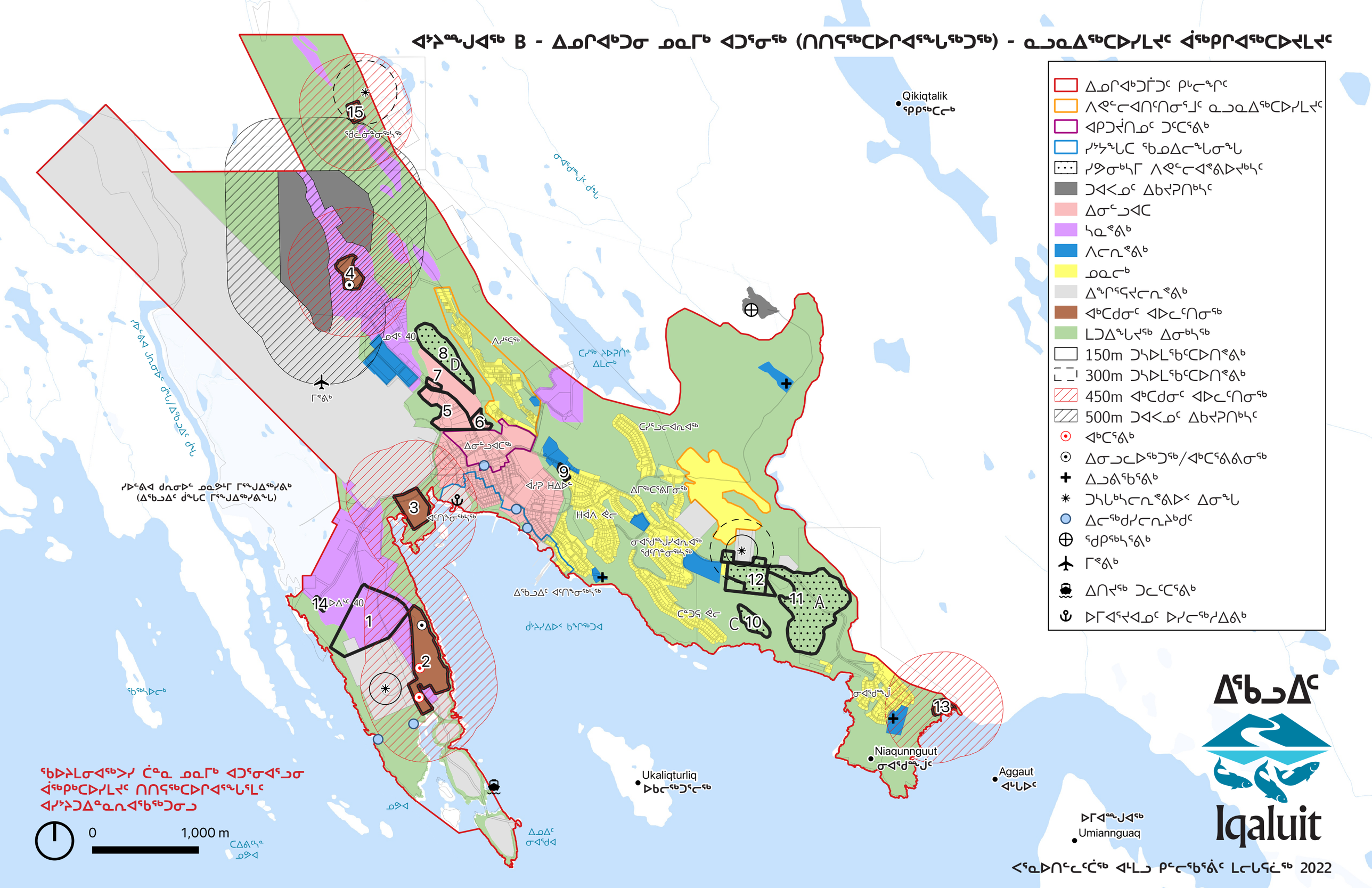
ᐊᔾᔨᙵᒍᐊᖅ A - ᓄᓇᒥᒃ ᐊᑐᕐᓂᖅ (ᑎᑎᕋᖅᑕᐅᒋᐊᙵᖅᑐᖅ)



ᐊᔾᔨᙵᒍᐊᖅ B - ᐃᓄᒋᐊᒃᑐᓂ ᓄᓇᒥᒃ ᐊᑐᕐᓂᖅ (ᑎᑎᕋᖅᑕᐅᒋᐊᕐᙳᖅᑐᖅ)



ᐊᔾᔨᙵᒍᐊᖅ B - ᐃᓄᒋᐊᒃᑐᓂ ᓄᓇᒥᒃ ᐊᑐᕐᓂᖅ (ᑎᑎᕋᖅᑕᐅᒋᐊᖕᒐᖅᑐᖅ) - ᓇᓗᓇᐃᖅᑕᐅᓯᒪᔪᑦ ᐋᖅᑭᒋᐊᖅᑕᐅᔪᒪᔪᑦ


Qikiqtalik
ᕿᑭᖅᑕᓕᒃ
ᐃᓄᒋᐊᒃᑐᒦᑐᑦ ᑭᒡᓕᖕᒋᑦ
ᐱᕙᓪᓕᐊᑎᕐᑎᓂᕐᒧᑦ ᓇᓗᓇᐃᖅᑕᐅᓯᒪᔪᑦ
ᐊᑭᑐᔫᑎᓄᑦ ᑐᑦᑕᕐᕕᒃ
ᓯᔾᔭᖕᒐᑕ ᖃᓄᐃᓕᖕᒐᓂᖕᒐ
ᓯᕗᓂᒃᓴᒥ ᐱᕙᓪᓕᐊᕝᕕᐅᔪᒃᓴᑦ
ᑐᐊᐸᓄᑦ ᐃᑲᔪᕈᑎᒃᓴᑦ
ᐃᓂᓪᓗᐊᑕ
ᓴᓇᕝᕕᒃ
ᐱᓕᕆᕝᕕᒃ
ᓄᓇᓕᒃ
ᐃᖏᕐᕋᔪᓕᕆᕝᕕᒃ
ᐊᒃᑕᑯᓂᑦ ᐊᐅᓚᑦᑎᓂᖅ
ᒪᑐᐃᖕᒐᔪᖅ ᐃᓂᒃᓴᖅ
150m ᑐᓴᐅᒪᖅᑕᐅᑎᕝᕕᒃ
300m ᑐᓴᐅᒪᖅᑕᐅᑎᕝᕕᒃ
450m ᐊᒃᑕᑯᓂᑦ ᐊᐅᓚᑦᑎᓂᖅ
500m ᑐᐊᐸᓄᑦ ᐃᑲᔪᕈᑎᒃᓴᑦ
ᐊᒃᑕᕐᕕᒃ
ᐃᓂᓗᓚᐅᖅᑐᖅ/ᐊᒃᑕᕐᕕᕕᓂᖅ
ᐃᓗᕕᕐᑲᕐᕕᒃ
ᑐᓴᒐᒃᓴᓕᕆᕝᕕᐅᑉ ᐃᓂᖕᒐ
ᐃᓕᖅᑯᓯᓕᕆᔨᒃᑯᑦ
ᕿᑭᖅᓴᕐᕕᒃ
ᒥᕝᕕᒃ
ᐃᑎᔪᖅ ᑐᓚᑦᑕᕐᕕᒃ
ᐅᒥᐊᕐᔪᐊᓄᑦ ᐅᓯᓕᖅᓱᐃᕕᒃ
ᐃᓄᒋᐊᒃᑐᒦᑐᑦ ᑭᒡᓕᖕᒋᑦ
ᐱᕙᓪᓕᐊᑎᕐᑎᓂᕐᒧᑦ ᓇᓗᓇᐃᖅᑕᐅᓯᒪᔪᑦ
ᐊᑭᑐᔫᑎᓄᑦ ᑐᑦᑕᕐᕕᒃ
ᓯᔾᔭᖕᒐᑕ ᖃᓄᐃᓕᖕᒐᓂᖕᒐ
ᓯᕗᓂᒃᓴᒥ ᐱᕙᓪᓕᐊᕝᕕᐅᔪᒃᓴᑦ

ᑕᒪᐃᓐᓄᑦ ᐊᓯᔾᔨᕐᑯᔭᐅᔪᑦ ᑐᒃᓯᕋᐅᑕᐅᓯᒪᔪᑦ

- ᓄᑖᖅ ᑎᒃᑯᐊᖅᑕᐅᓯᒪᔪᖅ: “ᐃᓄᒋᐊᒃᑐᒥ ᐃᓂᐅᔪᖅ ᓴᓂᕐᕙᒃᑕᐅᓯᒪᔪᖅ”
  - 1 ᑭᓚᒦᑐᓴᒥᑦ ᐅᖓᓯᖕᓂᓕᖕᒥᑦ ᑭᒡᓕᓕᐅᖅᓯᒪᔪᖅ.
  - ᑖᓐᓇ ᓴᓂᕐᕙᒃᑕᐅᓯᒪᔪᖅ ᓴᐳᔾᔨᔪᑕᐅᓇᓱᒃᑐᓂ ᓴᓇᔭᐅᓯᒪᔪᓂᒃ ᓄᓇᓕᐸᐅᔭᕐᒥ ᐊᑐᖅᑕᐅᑦᑎᐊᙱᑦᑐᓂᒃ ᓲᕐᓗ ᐃᒡᓗᕋᓛᓂᒃ. ᐃᒡᓗᕋᓛᑦ ᐊᓯᖏᓪᓗ ᐱᐅᓯᒋᐊᕈᑎᐅᔪᑦ ᓄᓇᓄᑦ ᐊᔪᖅᑕᐅᓂᐊᖅᑐᑦ.
- ᓄᑖᖅ ᑎᒃᑯᐊᖅᑕᐅᓯᒪᔪᖅ: “ᐊᒃᑕᑯᓂᑦ ᐊᐅᓚᑦᑎᓂᖅ”
  - ᑖᓐᓇ ᑎᒃᑯᐊᖅᑕᐅᓯᒪᔪᖅ ᐊᑐᖅᑕᐅᓂᐊᖅᑐᖅ ᐊᒃᑕᕐᕕᓕᒫᓄᑦ (ᒪᑐᓯᒪᔪᓄᑦ ᐊᒻᒪᓗ ᐊᐅᓚᔪᓄᑦ) ᐊᓯᖏᓐᓄᓪᓗ ᐊᒃᑕᕐᕕᖕᓄᑦ (ᓲᕐᓗ ᑭᓈᓗᖃᕐᕕᒃ).
  - ᓇᓗᓇᐃᖅᑕᐅᓂᖓ ᐃᑲᔫᑕᐅᓂᐊᖅᑐᖅ ᓇᓗᓇᐃᖅᓯᓂᕐᒥᒃ ᐊᒃᑕᕐᕕᖕᓂᒃ ᐊᒻᒪᓗ ᐃᓱᒪᒋᔭᐅᑦᑎᐊᖅᐸᒡᓗᑎᒃ ᕿᒥᕐᕈᓕᕋᖓᑕ ᐱᕙᓪᓕᐊᑎᑦᑎᓂᕐᒧᑦ ᑐᒃᓯᕋᐅᑎᓂᒃ. ᑕᒪᓐᓇ ᖃᐅᔨᒪᔾᔪᑕᐅᓂᐊᖅᑐᖅ ᐃᓄᖕᓄᑦ ᖃᓄᐃᙱᑦᑎᐊᕈᓯᕐᒧᑦ ᐊᑦᑕᕐᓇᖅᑕᐃᓕᒪᓂᕐᒧᑦ.
  - ᒪᓕᒡᓗᓂ ᓄᓇᕗᒻᒥ ᐋᓐᓂᐊᖃᕐᓇᙱᑦᑐᓕᕆᓂᕐᒧᑦ ᐱᕐᑯᔭᕐᒥ, 450-ᒦᑕᒥᑦ ᐊᒃᑐᐃᓂᖃᕋᔭᖅᑐᖅ ᓄᓇᙳᐊᒥᑦ ᓇᓗᓇᐃᖅᓯᒪᓂᐊᖅᑐᖅ ᓇᐅᒃᑯᑦ ᐊᑲᐅᙱᓕᐅᕈᑎᖃᕋᔭᕐᒪᖔᑦ ᐊᒃᑕᑯᓂᑦ ᐊᐅᓚᑦᑎᕕᖕᒥᑦ.
- “ᐅᕐᑯᒪᐃᑦᑐᓂᒃ ᓴᓇᕝᕕᒃ” ᐊᒻᒪᓗ “ᐅᕿᑦᑐᓂᒃ ᓴᓇᕝᕕᒃ” ᐊᑕᐅᓯᙳᖅᑎᑕᐅᔪᒪᔪᖅ “ᓴᓇᕝᕕᖕᒧᑦ” ᐊᑐᖅᑕᐅᓂᖅᓴᐅᓂᐊᕐᑯᓪᓗᒍ. ᓄᓇᓕᓇᓂᕐᒧᑦ ᒪᓕᒐᕋᓛᖅ ᐊᑐᖅᑕᐅᒐᔭᖅᑐᖅ ᐅᕿᑦᑐᓄᑦ ᐅᕐᑯᒪᐃᑦᑐᓄᓪᓗ ᓴᓇᕝᕕᖕᓄᑦ.
- “ᐃᒪᕐᒥᒃ ᓴᐳᔾᔨᕕᒃ” ᐊᖏᒡᓕᒋᐊᖅᑕᐅᓂᐊᖅᑐᖅ ᐃᓚᓕᐅᔭᔭᐅᓗᓂ ᕿᑭᖅᑕᓕᒃ ᑕᓯᖓ.
- “ᓴᓇᕝᕕᒃ” ᓇᓗᓇᐃᖅᑕᐅᓂᖓ ᐱᖓᖕᓇᖕᒫᖕᒐᓂ 40-ᒦᑦᑐᖅ ᐊᖏᒡᓕᒋᐊᖅᑕᐅᓂᐊᕐᓗᓂ ᐱᖃᓯᐅᑎᓪᓗᒍ ᓄᑖᖅ ᐱᔭᐅᕋᑖᓚᐅᖅᑐᖅ ᒐᕙᒪᑐᖃᒃᑯᑦ ᓄᓇᕐᑯᑎᖏᑦ ᖃᓂᒋᔭᖓᓂ ᐅᖅᓱᐊᓗᖃᕐᕕᐅᑉ.
- “ᓯᕗᓂᒃᓴᒥ ᐱᕙᓪᓕᐊᕝᕕᐅᓂᐊᖅᑐᑦ” ᑕᑯᒃᓴᐅᑎᑕᐅᓕᖅᑐᖅ “ᐃᓂᒃᓴᖅᑕᓕᒃ” ᓇᓗᓇᐃᒃᑯᑕᕐᒥᒃ ᑭᓯᐊᓂ ᐱᕙᓪᓕᐊᓂᕆᔭᐅᔪᖅ ᐋᖅᑭᒃᓱᖅᑕᐅᒃᐸᑦ ᐱᕙᒋᔭᖅᑕᐅᓯᒪᔪᑦ ᐃᓂᑖᖅᑎᑕᐅᓯᒪᔪᓪᓗ ᓇᓗᓇᐃᖅᑕᐅᒃᐸᑕ.
- ᐃᓚᒋᐊᖅᑕᐅᔪᖅ ᓄᑖᖅ “ᓯᕗᓂᒃᓴᒥᑦ ᐱᕙᓪᓕᐊᕝᕕᐅᔪᑦ” ᐅᐊᖕᓇᖕᒐᓂ ᐃᓄᐃᑦ ᓇᖕᒥᓂᕐᑯᑎᖏᑦ ᓄᓇᐃᑦ ᐱᖓᖕᓇᐸᓯᖕᒐᓂᑦ ᐃᓂᒋᔭᐅᓂᐊᕐᓗᓂ ᓯᕗᓂᒃᓴᒥ ᐃᒡᓗᖃᕐᕕᒃᓴᐅᔪᓄᑦ ᐊᒻᒪᓗ ᓄᓇᓕᖕᓄᑦ ᐊᑐᖅᑕᐅᔪᓄᑦ.
- ᐊᑕᖏᖅᑐᑎᑦ “ᑮᓇᐅᔭᓕᐅᕋᓱᖕᓂᕐᒧᑦ” ᓇᓗᓇᐃᖅᑕᐅᔪᑦ ᐊᓯᔾᔨᖅᑕᐅᓯᒪᔪᑦ “ᐃᓂᓪᓗᐊᑕᕐᒧᑦ”. ᑖᒃᑯᐊ ᐃᓂᐅᔪᑦ ᐃᓂᖃᖅᐸᑏᖅᑐᑦ ᖃᓂᒋᔭᖓᓂ ᐃᓂᓪᓗᐊᑕᐅᑉ, ᐱᔪᓐᓇᐅᕈᑕᐅᓪᓗᑎᒃ ᐊᔾᔨᑏᙱᑦᑑᑎᓄᑦ ᑮᓇᐅᔭᓕᐅᕋᓱᐊᕐᓂᕐᒧᑦ ᐊᑐᖅᑕᐅᔪᓂᑦ.
- ᐃᑎᔪᒥ ᑐᓚᒃᑕᕐᕕᒃ ᐊᒻᒪᓗ ᐃᒫᓂ ᑭᕕᒃᓯᔾᔪᑎᐅᑉ ᓇᓗᓇᐃᒃᑯᑕᖏᑦ ᐃᓚᓕᐅᔭᔭᐅᓯᒪᓕᖅᑐᑦ ᑕᑯᒃᓴᐅᕐᑯᓪᓗᒋᑦ ᓇᓃᓐᓂᖏᑦ ᑖᒃᑯᐊ ᐅᔾᔨᕐᓇᕐᓂᐅᔪᑦ.
- ᓄᓇᐃᑦ ᐊᑎᑐᕐᑲᖏᑦ ᓄᓇᓕᐸᐅᔭᕐᒥ ᓄᑖᙵᕆᐊᖅᑕᐅᓯᒪᓕᖅᑐᑦ ᐃᓄᐃᑦ ᐱᕐᑯᑎᖏᓐᓂᒃ ᓇᐅᑦᑎᖅᓱᖅᑎᑦ ᑐᑭᓯᒋᐊᒐᒃᓴᖏᑦ ᒪᓕᒃᑐᒋᑦ. ᓄᓇᓕᐸᐅᔭᒃᑯᑦ ᑐᒃᓯᕋᕐᓂᐊᖅᑐᑦ ᐃᕐᑲᓗᖏᐅᓂᑦ ᐊᓯᖏᓐᓂᑦ ᓄᓇᐃᑦ ᐊᑎᑐᕐᑲᖏᓐᓂᑦ ᐃᓚᓯᔪᒪᑉᐸᑕ ᓄᓇᙳᐊᒦᑦᑐᓂᑦ.

ᓇᓗᓇᐃᖅᑕᐅᓯᒪᔪᑦ ᐋᖅᑭᒋᐊᖅᑕᐅᔪᒪᔪᑦ

15-ᓂᒃ ᓇᓗᓇᐃᖅᓯᒪᔪᓂᒃ ᑐᒃᓯᕋᖅᓯᒪᔪᑦ ᐊᓯᔾᔨᖅᑕᐅᕐᑯᔭᐅᔪᓂᒃ ᑕᒪᐃᓐᓄᑦ ᐱᕙᒌᔭᐅᑎᓂᑦ ᓄᓇᓂᑦ ᐊᑐᖅᑕᐅᔪᓐᓇᖅᑐᓂᑦ ᓄᓇᙵᐊᒦᑦᑐᓂᑦ. ᑖᒃᑯᐊ ᐊᓯᔾᔨᖅᑐᑦ ᓇᓗᓇᐃᖅᑕᐅᔪᑦ “ᐊᔾᔨᙵᐊᖅ B - ᐃᓄᒋᐊᒃᑐᓂ ᓄᓇᒥᒃ ᐊᑐᕐᓂᖅ (ᑎᑎᕋᖅᑕᐅᒋᐊᕐᖓᖅᑐᖅ) - ᓇᓗᓇᐃᖅᑕᐅᓯᒪᔪᑦ ᐋᖅᑭᒋᐊᖅᑕᐅᔪᒪᔪᑦ” ᓄᓇᙵᐊᕐᒥ.

ᐃᓂᖓᑕ ᓈᓴᐅᑖ	ᒫᓐᓇ ᓄᓇᐅᑉ ᐊᑐᖅᑕᐅᓂᖓᓄᑦ ᓇᓗᓇᐃᖅᑕᐅᓯᒪᓂᖓ	ᓄᑖᖅ ᓄᓇᒥᒃ ᐊᑐᕐᓂᕐᒧᑦ ᓇᓗᓇᐃᖅᑕᐅᓯᒪᔪᖅ	ᖃᓄᐃᑦᑑᓂᖓ
1	ᐃᖏᕋᔾᔪᑎᓄᑦ	ᓴᓇᕝᕕᒃ	ᐃᓕᓴᖅᓯᔪᖅ ᐱᕙᒌᔭᖅᑕᐅᓯᒪᔪᒥᒃ ᓈᑎᑦᑎᓂᕐᒥᒃ ᐃᓂᒥᒃ ᓴᓇᕝᕕᐅᔪᓐᓇᖅᑐᒥ ᐊᑐᖅᑕᐅᓂᐊᓕᕐᓗᓂ ᑭᐅᓯᓂᕐᒥ ᐊᑭᓐᓇᖓᓂ 40-ᒧᑦ ᓄᓇᓄᑦ ᓈᑎᑦᑎᓂᕐᒧᑦ ᐱᔭᕇᖅᓯᓂᕐᒧᓪᓗ ᐃᑎᔪᒥᒃ ᑐᓚᒃᑕᕐᕕᖕᒥᒃ
2, 3, 4	ᐅᕐᑯᒪᐃᑦᑐᓄᑦ ᓴᓇᕝᕕᒃ	ᐊᒃᑕᑯᓂᑦ ᐊᐅᓚᑦᑎᓂᖅ	ᓄᑖᖅ ᑎᒃᑯᐊᖅᑕᐅᓯᒪᔪᖅ ᐊᑑᑎᑦᑎᐊᕐᓂᖅᓴᐅᓂᐊᖅᑐᖅ.
5	ᐅᕿᑦᑐᓄᑦ ᓴᓇᕝᕕᒃ	ᐃᓂᓪᓗᐊᑕᖅ	ᐃᓕᓴᖅᓯᔪᖅ ᐊᑐᐃᓐᓇᐅᓂᖏᓐᓂᒃ ᓱᓪᓗᓖᑦ ᐱᔾᔪᑎᑕᐅᑎᖏᑦ ᐊᒻᒪᓗ ᐸᕐᓇᒃᑕᐅᓯᒪᔪᑦ ᓈᑕᐅᔾᔪᑎᖏᓐᓄᑦ ᐊᑐᖅᑕᐅᔪᓄᑦ ᓴᓇᕝᕕᓄᑦ ᐃᓂᓪᓗᐊᑕᒨᖓᔪᓄᑦ
6, 7	ᑮᓇᐅᔭᓕᐅᕋᓱᐊᖅᑎᑦ	ᐃᓂᓪᓗᐊᑕᖅ	ᐃᓂᕐᑲᑲᐅᑎᒋᔪᖅ ᖃᓂᒋᔭᖓᓃᑦᑐᓂ ᐃᓂᓪᓗᐊᑕᐅᔪᓄᑦ ᑮᓇᐅᔭᓕᐅᕋᓱᐊᖅᑎᓄᓪᓗ ᐃᖅᑲᓇᐃᔭᕕᖕᓄᑦ ᓇᓕᒧᑦᑐᓄᑦ ᐃᓂᓪᓗᐊᑕᐅᔪᓄᑦ ᐊᑐᖅᑕᐅᔪᓄᑦ
8	ᐃᓂᒃᓴᖅ ᐊᑐᐃᓐᓇᖅ	ᓯᕗᓂᒃᓴᒥ	ᐃᓕᓴᖅᓯᔪᖅ ᐱᕕᖃᕐᓂᕐᒥᒃ ᐱᕙᓪᓕᐊᑎᑦᑎᓂᕐᒥᒃ ᓄᓇᓂᒃ ᐅᐊᖕᓇᖓᓂ ᐃᓄᐃᑦ ᓄᓇᕐᑯᑎᖏᓐᓂᒃ ᐊᑲᕐᕈᑎᖃᕐᓗᑎᒡᓗ ᓱᓪᓗᓕᖕᓂᒃ ᐱᔾᔪᑎᕋᕐᓂᕐᒥᒃ ᐃᓂᐅᔪᒥ
9	ᑮᓇᐅᔭᓕᐅᕋᓱᐊᖅᑎᑦ	ᐱᓕᕆᕝᕕᒃ	ᑖᓐᓇ ᐃᓂ ᐋᖅᑭᒃᑕᐅᓚᐅᖅᑐᖅ ᐃᒡᓗᕐᔪᐊᖅ ᑐᕌᖓᓪᓗᓂ ᐋᓐᓂᐊᕕᓕᐊᖅᑐᓄᑦ ᑐᔪᕐᒥᕕᒃᓴᐅᓗᓂ. ᐃᓂᒋᓂᐊᖅᑕᖓ ᓈᒻᒪᓐᓂᖅᓴᐅᔪᖅ.
10 11	ᓯᕗᓂᒃᓴᒥ ᐱᕙᓪᓕᐊᑎᑦᑎᓂᖅ	ᐃᓂᒃᓴᑦᑎᐊᕙᒃ ᓯᕗᓂᒃᓴᒥ ᐱᕙᓪᓕᐊᑎᑦᑎᓂᕐᒧᑦ	ᐊᐅᓚᑦᑎᓂᖅ ᓯᕗᓂᒃᓴᒥ ᐱᕙᓪᓕᐊᓂᕐᒧᑦ ᑎᒃᑯᐊᖅᑕᐅᓯᒪᔪᖅ ᖃᒃᖏᖅᓴᐅᑎᓯᒪᓕᓂ ᑭᓯᐊᓂ ᓇᓗᓇᐃᖅᓯᒪᓂᖓ ᒪᑐᐃᖓᔭᕆᐊᓕᒃ ᐱᕙᓪᓕᐊᑎᓪᓗᒍ.
12	ᓯᕗᓂᒃᓴᒥ ᐊᑭᑐᔫᑎᓄᑦ ᑐᑦᑕᕐᕕᒃ	ᐲᖅᑕᐅᔪᖅ	ᑐᕌᒐᖃᑦᑎᐊᕈᓐᓃᖅᑐᖅ ᐅᕝᕙᓘᓐᓃᑦ ᓯᕗᓂᒃᓴᑦᑎᓐᓂ ᐊᑭᑐᔫᑎᓄᑦ ᑐᑦᑕᕐᕕᖕᒥ ᖃᒃᖏᐅᑎᔪᑦ ᑕᕝᕙᓂ
13	ᐃᓂ ᐊᑐᐃᓐᓇᐅᔪᖅ	ᐊᒃᑕᑯᓂᑦ ᐊᐅᓚᑦᑎᓂᖅ	ᐊᒃᑕᕐᕕᕕᓂᖅ - ᓄᑖᖅ ᑎᒃᑯᐊᖅᑕᐅᓯᒪᔪᖅ ᐊᑑᑎᑦᑎᐊᕐᓂᖅᓴᐅᓂᐊᖅᑐᖅ.
14	ᐊᒃᑕᕐᕕᕕᓂᖅ	ᐲᖅᑕᐅᔪᖅ	ᓴᕕᕋᔭᖕᓄᑦ ᐊᒃᑕᕐᕕᕕᓂᖅ - ᐋᖅᑭᒋᐊᖅᑕᐅᔪᖅ.
15	ᐃᓂ ᐊᑐᐃᓐᓇᐅᔪᑦ	ᐊᒃᑕᑯᓂᑦ ᐊᐅᓚᑦᑎᓂᖅ	ᐊᒃᑕᕐᕕᕕᓂᖅ - ᓄᑖᖅ ᑎᒃᑯᐊᖅᑕᐅᓯᒪᔪᖅ ᐊᑑᑎᑦᑎᐊᕐᓂᖅᓴᐅᓂᐊᖅᑐᖅ.