

Iqaluit Aquatic Centre - Pool Schedule  
February 1 - March 1 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30 am						6:30 am
7:00 am	Lane Swim Ages 12+ 6:30 - 8:00		Lane Swim Ages 12+ 6:30 - 8:00		Lane Swim Ages 12+ 6:30 - 8:00	<u>Sauna Hours</u> Weekdays: 9:30a - 1:30p
7:30 am						7:00 am
8:00 am						7:30 am
8:30 am						8:00 am
9:00 am						8:30 am
9:30 am	Parent & Tot Swim 9:30 - 10:30	Adult Lane Swim 9:30 - 10:30	Parent & Tot Swim 9:30 - 10:30	Adult Lane Swim 9:30 - 10:30	Parent & Tot Swim 9:30 - 10:30	Regular Swim Hours Hot Tub: Open only during swims held in the lap pool
10:00 am						9:00 am
10:30 am						9:30 am
11:00 am	Sensory Friendly Swim 10:45 - 11:45	Parent & Tot Swim 10:45 - 11:45	Elders Swim 10:45 - 11:45	Gentle Ability 10:45 - 11:45	Rehabiliation Swim 10:45 - 11:45	
11:30 am	(Leisure Pool)			(Leisure Pool)		
12:00 pm						
12:30 pm	Adult Lane Swim 12:00 - 1:30	Adult Lane Swim 12:00 - 1:30	Adult Lane Swim 12:00 - 1:30	Adult Lane Swim 12:00 - 1:30	Adult Lane Swim 11:30 - 2:30	Parent & Tot 11:30 - 12:30
1:00 pm						
1:30 pm						
2:00 pm			Parent & Tot Swim 1:45 - 2:45	Parent & Tot Swim 1:45 - 2:45		Public Swim 12:45 - 1:45
2:30 pm						
3:00 pm						
3:30 pm						
4:00 pm	Youth Sports Swim Ages 13-18 3:45 - 4:45	Public Swim 3:45-5:15	Youth Sports Swim Ages 13-18 3:45-4:45	Public Swim 3:45-5:15	Public swim 3:45 - 4:45	Family Swim 3:45 - 4:45
4:30 pm						
5:00 pm	Family Swim 5:00 - 6:00		Family Swim 3:45 - 6:00		Family Swim 5:00 - 6:00	Women-Only Swim 5:00 - 6:00
5:30 pm						
6:00 pm						
6:30 pm	Public Swim 6:15 - 7:15	Aquafit 6:00 - 6:45	Family Swim 5:45 - 7:15	Public Swim 6:15 - 7:15	Aquafit 6:00 - 6:45	Adult Lane Swim 5:00 - 7:15
7:00 pm						
7:30 pm						
8:00 pm	Adult Lane Swim 7:30 - 8:30	Lane Swim Ages 12+ 6:45 - 8:30	Adult Lane Swim 7:30 - 8:30	Lane Swim Ages 12+ 6:45 - 8:30		
8:30 pm						
9:00 pm						
9:30 pm						

Schedule subject to change

For more information, please contact Guest Services:  
975-8545 or aquaticcentre@iqaluit.ca

