

Iqaluit Aquatic Centre - Pool Schedule
January 12 - January 31 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30 am							6:30 am
7:00 am	Lane Swim Ages 12+ 6:30 - 7:30		Lane Swim Ages 12+ 6:30 - 7:30		Lane Swim Ages 12+ 6:30 - 7:30		7:00 am
7:30 am							7:30 am
8:00 am							8:00 am
8:30 am							8:30 am
9:00 am							9:00 am
9:30 am	Parent & Tot Swim 9:30 - 10:30	Adult Lane Swim 9:30 - 10:30	Parent & Tot Swim 9:30 - 10:30	Adult Lane Swim 9:30 - 10:30	Parent & Tot Swim 9:30 - 10:30		
10:00 am							10:00 am
10:30 am							10:30 am
11:00 am	Sensory Friendly Swim 10:45 - 11:45	Parent & Tot Swim 10:45 - 11:45	Elders Swim 10:45 - 11:45	Gentle Ability 10:45 - 11:45	Rehabilitation Swim 10:45 - 11:45		11:00 am
11:30 am	(Leisure Pool)			(Leisure Pool)			11:30 am
12:00 pm						Adult Lane Swim 11:30 - 1:00	12:00 pm
12:30 pm	Adult Lane Swim 12:00 - 1:30	Adult Lane Swim 12:00 - 1:30	Adult Lane Swim 12:00 - 1:30	Adult Lane Swim 12:00 - 1:30	Adult Lane Swim 11:30 - 2:30		12:30 pm
1:00 pm						Parent & Tot Swim 1:15 - 2:15	1:00 pm
1:30 pm	Parent & Tot Swim 1:45 - 2:45		Parent & Tot Swim 1:45 - 2:45				1:30 pm
2:00 pm						Public swim 2:30 - 3:30	2:00 pm
2:30 pm							2:30 pm
3:00 pm							3:00 pm
3:30 pm							3:30 pm
4:00 pm	Youth Sports Swim Ages 13-18 3:45 - 4:45	Public Swim 3:45-5:15	Youth Sports Swim Ages 13-18 3:45-4:45	Public Swim 3:45-5:15	Public swim 3:45 - 4:45	Family Swim 3:45 - 4:45	4:00 pm
4:30 pm							4:30 pm
5:00 pm	Family Swim 5:00 - 6:00		Family Swim 5:00 - 6:00		Family Swim 5:00 - 6:00	Women-Only Swim 5:00 - 6:00	5:00 pm
5:30 pm							5:30 pm
6:00 pm		Aquafit 6:00 - 6:45					6:00 pm
6:30 pm	Public Swim 6:15 - 7:15	Family Swim 5:45 - 7:15	Public Swim 6:15 - 7:15	Aquafit 6:00 - 6:45	Family Swim 5:45 - 7:15	Adult Lane Swim 6:15 - 7:15	6:30 pm
7:00 pm							7:00 pm
7:30 pm	Adult Lane Swim 7:30 - 8:30	Lane Swim Ages 12+ 7:30 - 8:30	Adult Lane Swim 7:30 - 8:30	Lane Swim Ages 12+ 7:30 - 8:30			7:30 pm
8:00 pm							8:00 pm
8:30 pm							8:30 pm
9:00 pm							9:00 pm
9:30 pm							9:30 pm

Schedule subject to change

For more information, please contact Guest Services:
975-8545 or aquaticcentre@iqaluit.ca

