


**Iqaluit Aquatic Centre -Pool Schedule**  
**May 5 - May 31 2025**

	Monday	Tuesday		Wednesday	Thursday		Friday	Saturday	Sunday	
6:30 am	Adult Lane Swim 6:30 - 7:30			Adult Lane Swim 6:30 - 7:30			Adult Lane Swim 6:30 - 7:30		<div>Sauna Hours Weekdays: 9:30a - 1:30p</div> <div>Evenings &amp; Weekends: Regular Swim Hours</div> <div>Hot Tub: Open only during swims held in the lap pool</div>	6:30 am
7:00 am										7:00 am
7:30 am										7:30 am
8:00 am										8:00 am
8:30 am								8:30 am		
9:00 am								9:00 am		
9:30 am	Parent & Tot Swim 9:30 - 10:30	Adult Lane Swim 9:30 - 10:30		Parent & Tot Swim 9:30 - 10:30	Adult Lane Swim 9:30 - 10:30		Parent & Tot Swim 9:30 - 10:30	Aquafit 10:00-10:45		9:30 am
10:00 am										10:00 am
10:30 am				Elders Swim 10:45 - 11:45						10:30 am
11:00 am		Gentle Ability 10:45-11:45	Rehabilitation Swim 10:45-11:45		Gentle Ability 10:45-11:45	Rehabilitation Swim 10:45-11:45				11:00 am
11:30 am		(Leisure Pool)			(Leisure Pool)					11:30 am
12:00 pm										12:00 pm
12:30 pm	Adult Lane Swim 12:00 - 1:30	Adult Lane Swim 12:00 - 1:30		Adult Lane Swim 12:00 - 1:30	Adult Lane Swim 12:00 - 1:30		Adult Lane Swim 12:00 - 1:30			12:30 pm
1:00 pm										1:00 pm
1:30 pm								Parent & Tot Swim 1:30 - 2:30		1:30 pm
2:00 pm										2:00 pm
2:30 pm									2:30 pm	
3:00 pm									3:00 pm	
3:30 pm	Public swim lanes available 3:45 - 4:45	Public Swim 3:45-4:45		Public Swim lanes available 3:45-4:45	Public Swim 3:45-4:45		Public swim lanes available 3:45 - 4:45	Family Swim 3:00 - 4:00	3:30 pm	
4:00 pm									4:00 pm	
4:30 pm	Family Swim 5:00 - 6:00	Public Swim 5:00 - 6:00		Family Swim 5:00 - 6:00	Public Swim 5:00 - 6:00		Public Swim 5:00 - 6:00		4:30 pm	
5:00 pm									5:00 pm	
5:30 pm	Public Swim 6:15 - 7:15		Family Swim 6:15-7:15	Public Swim 6:15 - 7:15	Family Swim 6:15 - 7:15		Family Swim 6:15 - 7:15	Adult Lane Swim 6:00 - 7:00	5:30 pm	
6:00 pm		Aquafit 6:30 - 7:15							6:00 pm	
6:30 pm	Adult Lane Swim 7:30 - 8:30	Adult Lane Swim 7:30 - 8:30		Adult Lane Swim 7:30 - 8:30	Adult Lane Swim 7:30 - 8:30				6:30 pm	
7:00 pm									7:00 pm	
7:30 pm									7:30 pm	
8:00 pm									8:00 pm	
8:30 pm									8:30 pm	
9:00 pm									9:00 pm	
9:30 pm									9:30 pm	
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For more information, please contact Guest Services:  
975-8545 or aquaticcentre@iqaluit.ca