


**Iqaluit Aquatic Centre -Pool Schedule**  
**November 22 2024 - January 1 2025**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:30 am	Adult Lane Swim 6:30 - 8:00		Adult Lane Swim 6:30 - 8:00		Adult Lane Swim 6:30 - 8:00		<u>Sauna Hours</u> Weekdays: 9:30a - 1:30p  Evenings & Weekends: Regular Swim Hours	6:30 am
7:00 am								7:00 am
7:30 am								7:30 am
8:00 am								8:00 am
8:30 am								8:30 am
9:00 am								9:00 am
9:30 am	Parent & Tot Swim 9:30 - 10:30	Adult Lane Swim 9:30 - 10:30	Parent & Tot Swim 9:30 - 10:30	Adult Lane Swim 9:30 - 10:30	Parent & Tot Swim 9:30 - 10:30			9:30 am
10:00 am								10:00 am
10:30 am								10:30 am
11:00 am		Rahabilitation Swim (Leisure pool) 10:45-11:45	Elders Swim 10:45 - 11:45	Rahabilitation Swim (Leisure pool) 10:45-11:45				11:00 am
11:30 am								11:30 am
12:00 pm								12:00 pm
12:30 pm	Adult Lane Swim 12:00 - 1:30	Adult Lane Swim 12:00 - 1:30	Adult Lane Swim 12:00 - 1:30	Adult Lane Swim 12:00 - 1:30	Adult Lane Swim 12:00 - 1:30			12:30 pm
1:00 pm								1:00 pm
1:30 pm						Adult Lane Swim 1:30 - 2:30	Adult Lane Swim 1:30 - 2:30	1:30 pm
2:00 pm								2:00 pm
2:30 pm								2:30 pm
3:00 pm						Parent & Tot Swim 3:00 - 4:00	Parent & Tot Swim 3:00 - 4:00	3:00 pm
3:30 pm								3:30 pm
4:00 pm	Public swim lanes available 3:45 - 4:45	Public Swim 3:45-4:45	Youth Lane Swim (10-18yo) 3:45-4:45	Public Swim 3:45-4:45	Public swim lanes available 3:45 - 4:45			4:00 pm
4:30 pm						Family Swim 4:30 - 5:30	Family Swim 4:30 - 5:30	4:30 pm
5:00 pm	Public Swim 5:00 - 6:00	Family Swim 5:00 - 6:00	Public Swim 5:00 - 6:00	Family Swim 5:00 - 6:00	Public Swim 5:00 - 6:00			5:00 pm
5:30 pm								5:30 pm
6:00 pm						Public Swim 6:00 - 7:00	Public Swim 6:00 - 7:00	6:00 pm
6:30 pm	Family Swim 6:15 - 7:15	Public Swim 6:15-7:15	Family Swim 6:15 - 7:15	Public Swim 6:15-7:15	Family Swim 6:15 - 7:15			6:30 pm
7:00 pm								7:00 pm
7:30 pm	Adult Lane Swim 7:30 - 8:30	Adult Lane Swim 7:30 - 8:30	Adult Lane Swim 7:30 - 8:30	Adult Lane Swim 7:30 - 8:30				7:30 pm
8:00 pm								8:00 pm
8:30 pm							8:30 pm	
9:00 pm							9:00 pm	
9:30 pm							9:30 pm	