



## **Public Service Announcement**

## **ParticipACTION Community Better Challenge Winner**

July 26, 2022 - Igaluit, Nunavut

The City is pleased to announce that Iqaluit been named Nunavut's Most Active Community in the 2022 ParticipACTION Community Better Challenge.

The 2022 ParticipACTION Community Better Challenge runs the month of June and is an opportunity for communities across the country to help promote mental and physical health, through participation in local events and activities. The City of Iqaluit Recreation Department tracked over 150,000 physical activity minutes.

The City of Iqaluit Recreation Department tracked minutes from a variety of events and programs, including: the Soccer and Hockey Programs, swimming classes and pool time, fitness classes, Community Clean Up and National Indigenous People's Day.

The City is thankful for those who participated in and continue to participate in City events and programs. Residents are encouraged to continue being active to help improve mental and physical health.

###

For additional information, please contact: Henry de Guzman

Full-time Fitness and Wellness Program Rep City of Iqaluit 867-979-5600 | h.deguzman@iqaluit.ca